



A faster, easier way to see a doctor.

Telehealth connects you with a doctor anytime, anywhere.

With Blue Cross and Blue Shield of Kansas coverage, you can have a live visit on your computer or mobile device with a doctor at a time that works for you.

Blue Cross provides telehealth services through American Well® (Amwell). With Amwell, registration is FREE. It's easy to use, affordable, private and secure.



How to use Amwell

You can easily register for a telehealth visit and connect with a board-certified doctor in your area.

1. Download the Amwell app on any mobile device.



2. On a computer? Sign-up at bcbsks.com/telehealth. Simply fill in the contact information and set-up a username and password.



bcbsks.com



Why use Amwell?

- Choose Your Own Physician: You select a physician for your visit from a list of U.S. board-certified doctor and therapist profiles. All profiles include physician certifications, licenses and online patient ratings.
- Available nationwide, 24/7/365
- Convenient Prescriptions: If a medication is prescribed, all prescriptions can be picked up at your local pharmacy.
- Easy Payment: Pay for the visit with credit, debit or HSA/FSA cards.
- Record Storage: A complete record of each visit is securely maintained and can be accessed by the patient.

How much does Amwell cost?

The out-of-pocket cost of an Amwell doctor or therapist visit depends on your plan type.

When to use Amwell?

As an innovative patient consultation service, telehealth lets you interact with a doctor at your convenience for common conditions such as:

- cold
- flu
- fever
- rash
- stomach pain
- sinus infection
- pink eye
- ear infection
- migraine

Also offering behavioral health and counseling services, known as teletherapy, Amwell's licensed therapists will provide treatment for several conditions, including:

- anxiety
- attention deficit hyperactivity disorder (ADHD)
- stress
- bereavement
- obsessive-compulsive disorder (OCD)
- panic attacks
- depression
- trauma/post-traumatic stress disorder

Therapists will be available on demand or by appointment from 6 a.m. to 10 p.m. CST, 7 days a week.

Can my family use Amwell?

If your spouse and/or children are covered under your BCBSKS plan, they are eligible for telehealth services. Your spouse should create their own Amwell account, but children or dependents under age 18 can be added to your account and have doctor visits on your behalf. You need to register first, and then the child or dependent can be added to the account. Children or dependents over the age of 18 must create their own Amwell account.

For more information, visit bcbsks.com/telehealth or call 844-SEE-DOCS.